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***Good voice quality is critical to the success of VoIP***

## **MOS Score and R-factor**

### **MOS Mean Opinion Score**

range 1-5

MOS – LQ, listening quality

MOS – CQ, conversational quality

### **R factor**

range 0-95 narrowband codec

range 0-120 wideband codec

R-LQ, R-CQ

MOS can be obtained from R-factor (conversion formula)

# Measuring MOS

## **subjective**

- using a listening panel

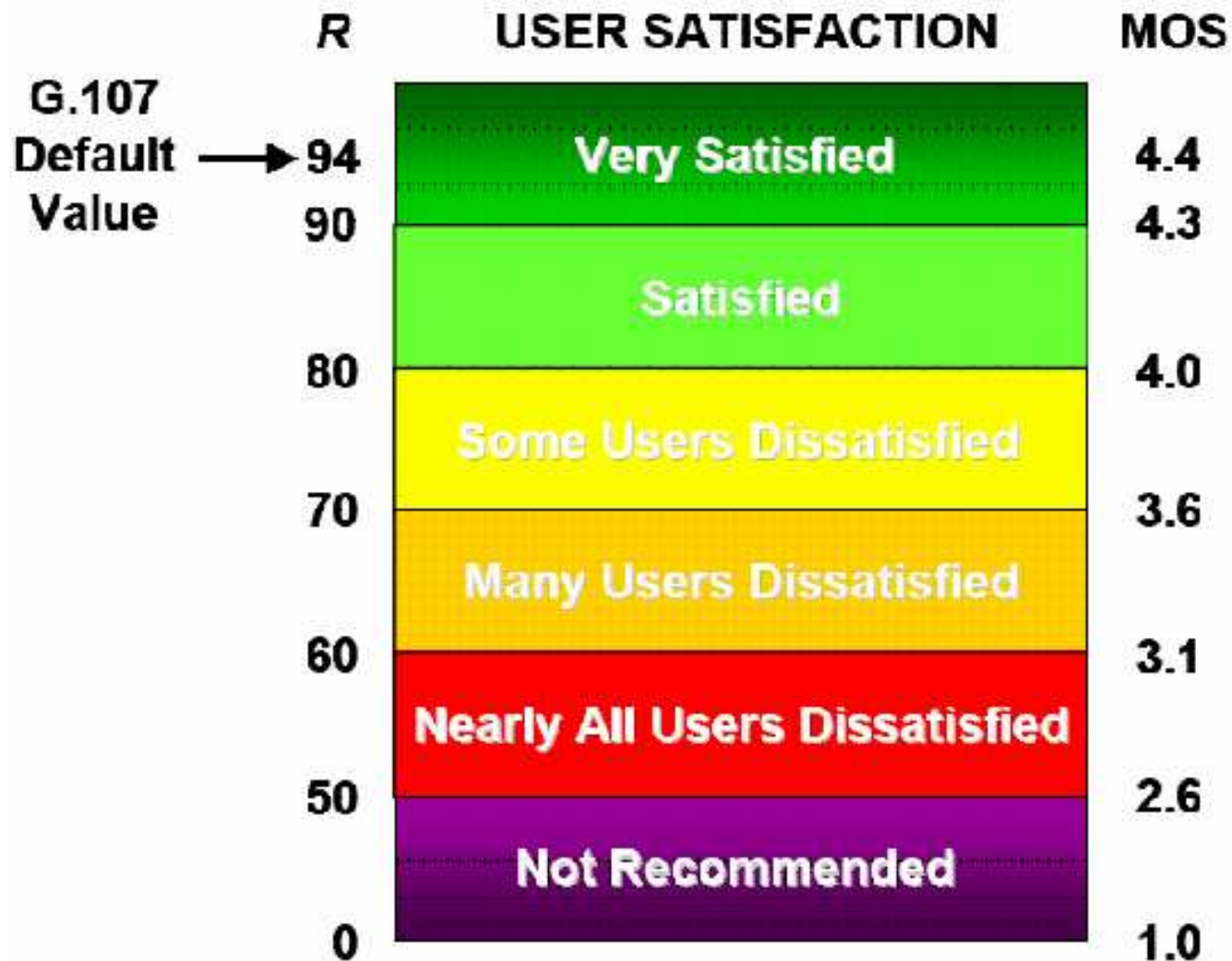
## **full reference approach**

- comparing output with input
- PESQ (Perceptual Evaluation of Speech Quality), ITU-T P.862

## **no reference approach**

- measurements at the receiving end, estimating MOS
- E-model, ITU-T G.107

# E-model is computational model for use in transmission planning



$$R = R_o - I_s - I_d - I_e + A$$

### Additive model

$R_o$  – Signal to noise ratio

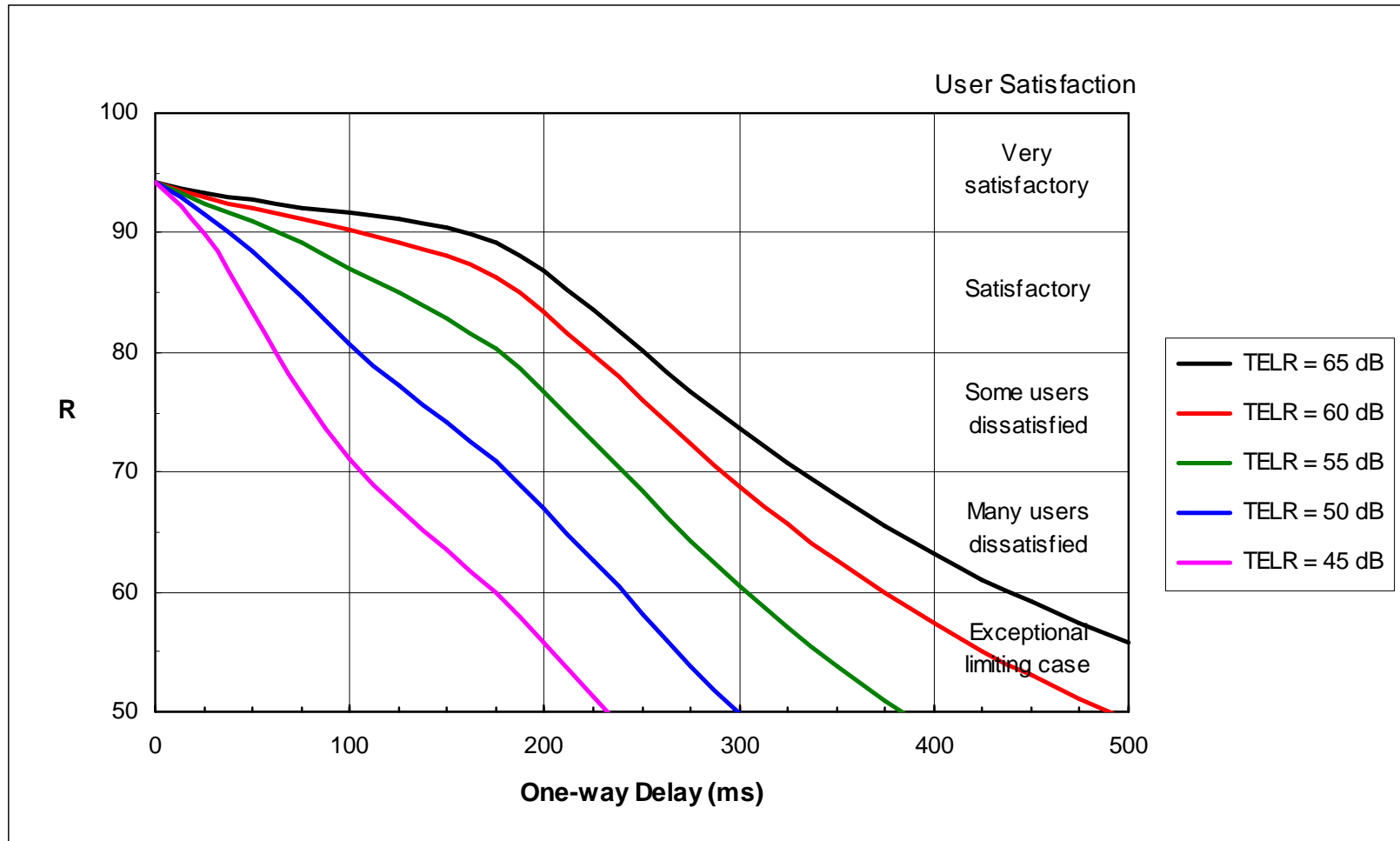
$I_s$  - Impairments simultaneous to voice signal transmission

$I_d$  – Impairments delayed after voice transmission

$I_e$  – Effects of equipment (e.g. codecs)

$A$  - Advantage factor

# Delay



# Codec

Codec Type	Reference	Operating Rate kbit/s	le Value
PCM	G.711	64	0
ADPCM	G.726, G.727	40	2
	G.721, G.726, G.727	32	7
	G.726, G.727	24	25
	G.726, G.727	16	50
LD-CELP	G.728	16	7
		12.8	20
CS-ACELP	G.729	8	10
	G.729-A + VAD	8	11
ACELP	GSM 06.60, EFR	12.2	5
ACELP	G.723.1	5.3	19
MP-MLQ	G.723.1	6.3	15

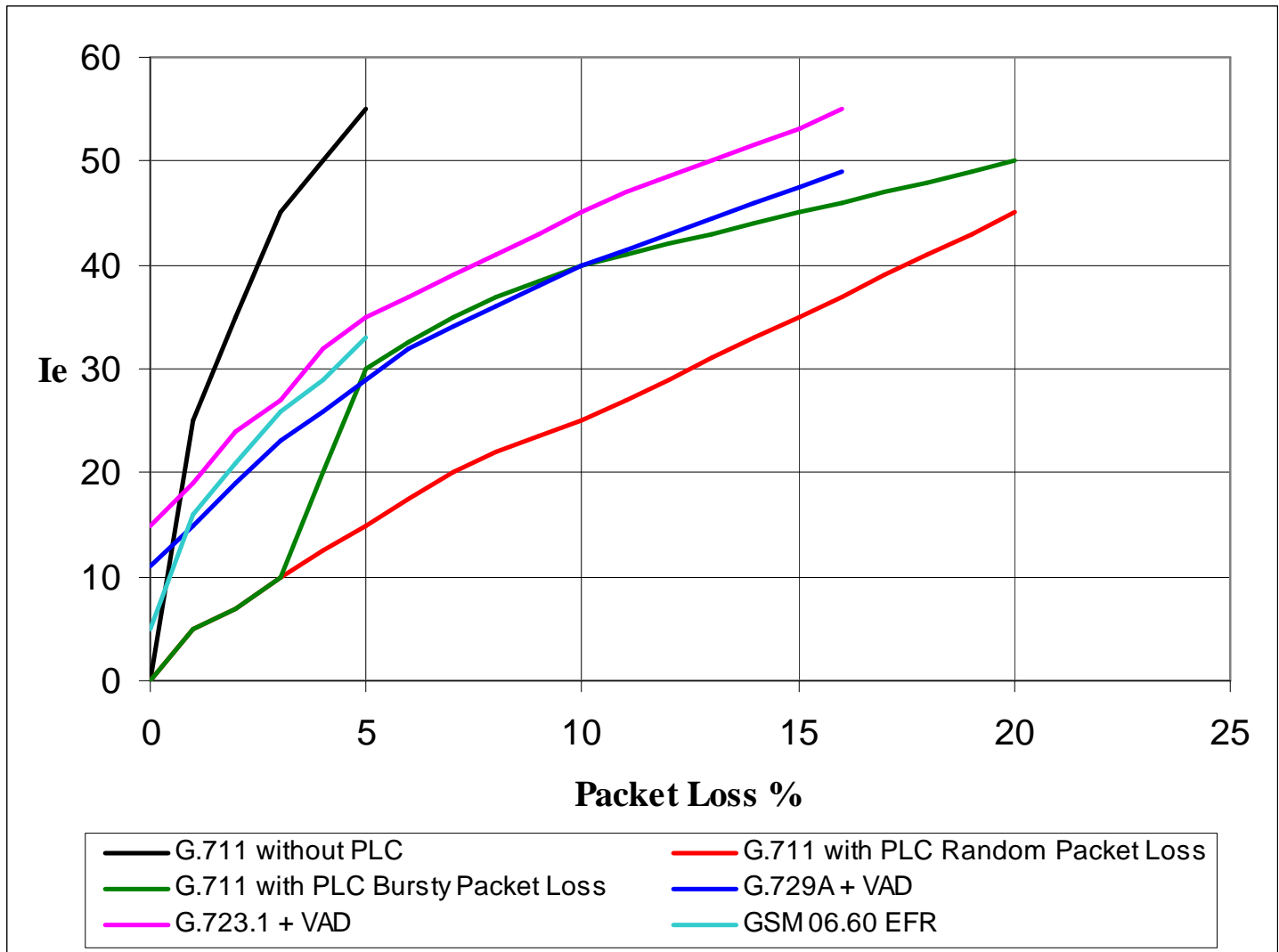


## Packet Loss

Packet Loss (%)	G.711 without PLC (10 ms speech packet length)	G.711 + PLC Random Packet Loss (10 ms speech packet length)	G.711 + PLC Bursty Packet Loss (10 ms speech packet length)	G.729A + VAD 8 kbit/s (2 speech frames/ packet)	G.723.1 + VAD 6.3 kbit/s (1 speech frame/ packet)	GSM 06.60 EFR 12.2 kbit/s (1 speech frame/ packet)
0	0	0	0	11	15	5
0.5	–	–	–	11	15	–
1	25	5	5	15	19	16
1.5	–	–	–	17	22	–
2	35	7	7	19	24	21
3	45	10	10	23	27	26
4	–	–	–	26	32	–
5	55	15	30	–	–	33
7	–	20	35	–	–	–
8	–	–	–	36	41	–
10	–	25	40	–	–	–
15	–	35	45	–	–	–
16	–	–	–	49	55	–
20	–	45	50	–	–	–

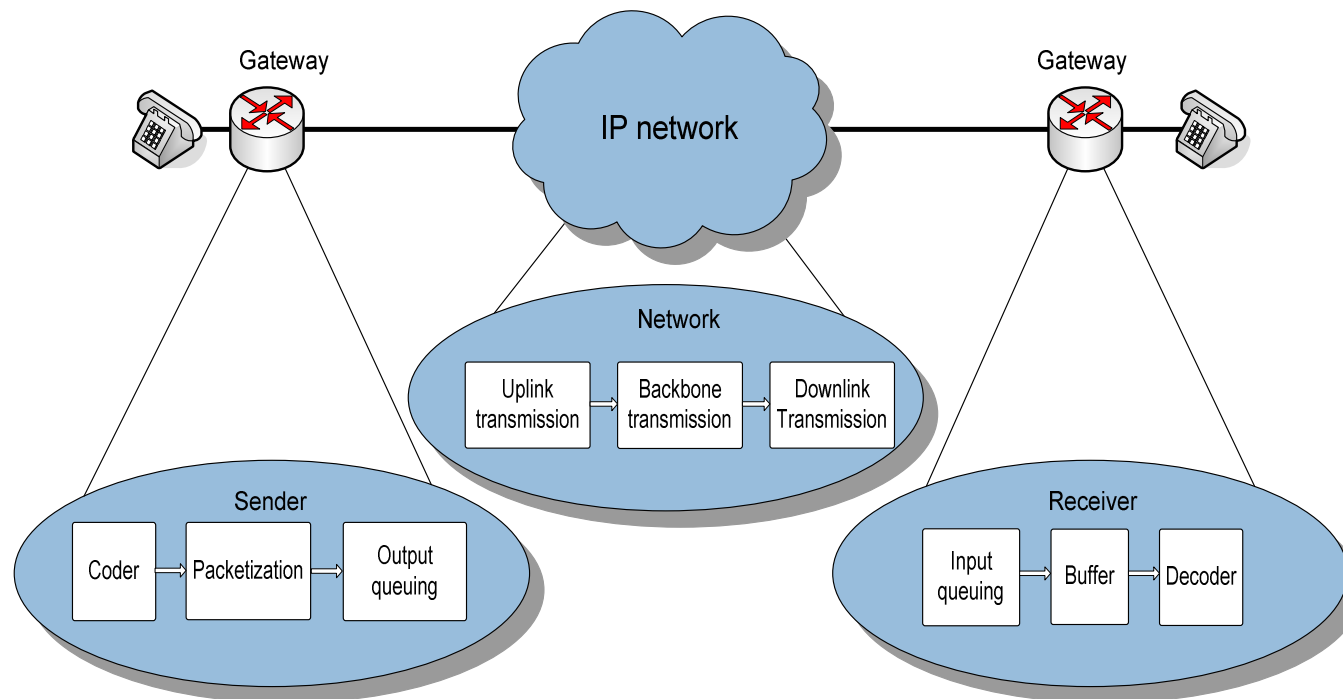


# Packet Loss



# End to end delay and its prediction

- design of mathematical model
- this model describes all partial delay components



## Coder delay

- frame size delay
- algorithmic delay

Coder	Type	Rate [kbps]	Packetization Period [ms]	Frame size [ms]	Algorithmic delay [ms]	Codec delay [ms]
G.711	PCM	64	20	0.125	0	0.125
G.723.1	MP-MLQ	5.33	30	30	7.5	37.5
G.723.1	ACELP	6.4	30	30	7.5	37.5
G.726	ADPCM	32	20	10	0	10
G.728	LD-CELP	16	30	0.625	0	0.625
G.729A	CS-ACELP	8	20	10	5	15

## Packetization delay

$$T_{PD} = \frac{P_S}{C_{BW}} \quad [ms]$$

Where :

$T_{PD}$  – packetization delay [ms]

$P_S$  – Payload size [b]

$C_{BW}$  – Codec Bandwidth [kbit/s]

## Serialization delay

$$T_{SER} = \frac{P_S + H_L}{L_S} \quad [ms]$$

Where :

$T_{SER}$  – Serialization Delay [ms]

$L_S$  – Line speed [kbit/s]

$H_L$  – Header length [b]

## Queuing delay

a designed model calculating queuing delay (jitter)

- PQ (Priority Queuing) optimization
- servicing requirement technique in a priority queue responds to the model of queuing system  $M/D/1/k$ , where k is size of buffer
- this designed analytical model can ignore the buffer size hence  $M/D/1/k$  model can be replaced by  $M/D/1/\infty$  model
- the voice traffic is modeled by source signal, which probabilistic random variable distribution matches Poisson's probability distribution
- $\lambda(t)$  is constant
- M sources using the same codec

# Queuing Delay

system load:

$$\rho = \frac{\lambda}{\mu}$$

$\lambda$  – arrival rate [s<sup>-1</sup>]

$\mu$  – service rate [s<sup>-1</sup>]

$\rho$  – system load

for stability  $0 \leq \rho < 1$

arrival rate is given by :

$$\lambda = \frac{C_{BW}}{P_S} \quad [s^{-1}]$$

service rate is given by:

$$\mu = \frac{1}{T_{SER} + T_S} \quad [s^{-1}]$$

$T_{SER}$  – serialization delay [s]

$T_S$  – time of processing in router [s]

# Queuing Delay

probability that k-attempts will be in system:

$$p_k = (1 - \rho) \quad \text{for } k=0$$

$$p_k = (1 - \rho)(e^\rho - 1) \quad \text{for } k=1$$

$$p_k = (1 - \rho) \sum_{j=1}^k \frac{(-1)^{k-j} (j \cdot \rho)^{n-j-1} (j \cdot \rho + n - j) e^{j\rho}}{(n-j)!} \quad \text{for } k>2$$

# Queuing Delay

$$p_k = \left( 1 - M \cdot C_{BW} \cdot \frac{P_S + H_S + L_S \cdot T_S}{L_S \cdot P_S} \right) \sum_{j=1}^k \left[ (-1)^{(k-j)} \cdot \left( j \cdot M \cdot C_{BW} \cdot \frac{P_S + H_L + L_S \cdot T_S}{P_S \cdot L_S} \right)^{(n-j-1)} \cdot \left( j \cdot M \cdot C_{BW} \cdot \frac{P_S + H_L + L_S \cdot T_S}{P_S \cdot L_S} \right) \cdot \frac{e^{\left( j \cdot M \cdot C_{BW} \cdot \frac{P_S + H_L + L_S \cdot T_S}{P_S \cdot L_S} \right)}}{(n-j)!} \right]$$

for  $k \geq 2$

$$p_k = \left( 1 - M \cdot C_{BW} \cdot \frac{P_S + H_S + L_S \cdot T_S}{L_S \cdot P_S} \right) \cdot \left( e^{\left( M \cdot C_{BW} \cdot \frac{P_S + H_L + L_S \cdot T_S}{P_S \cdot L_S} \right)} - 1 \right) \quad \text{for } k=1$$

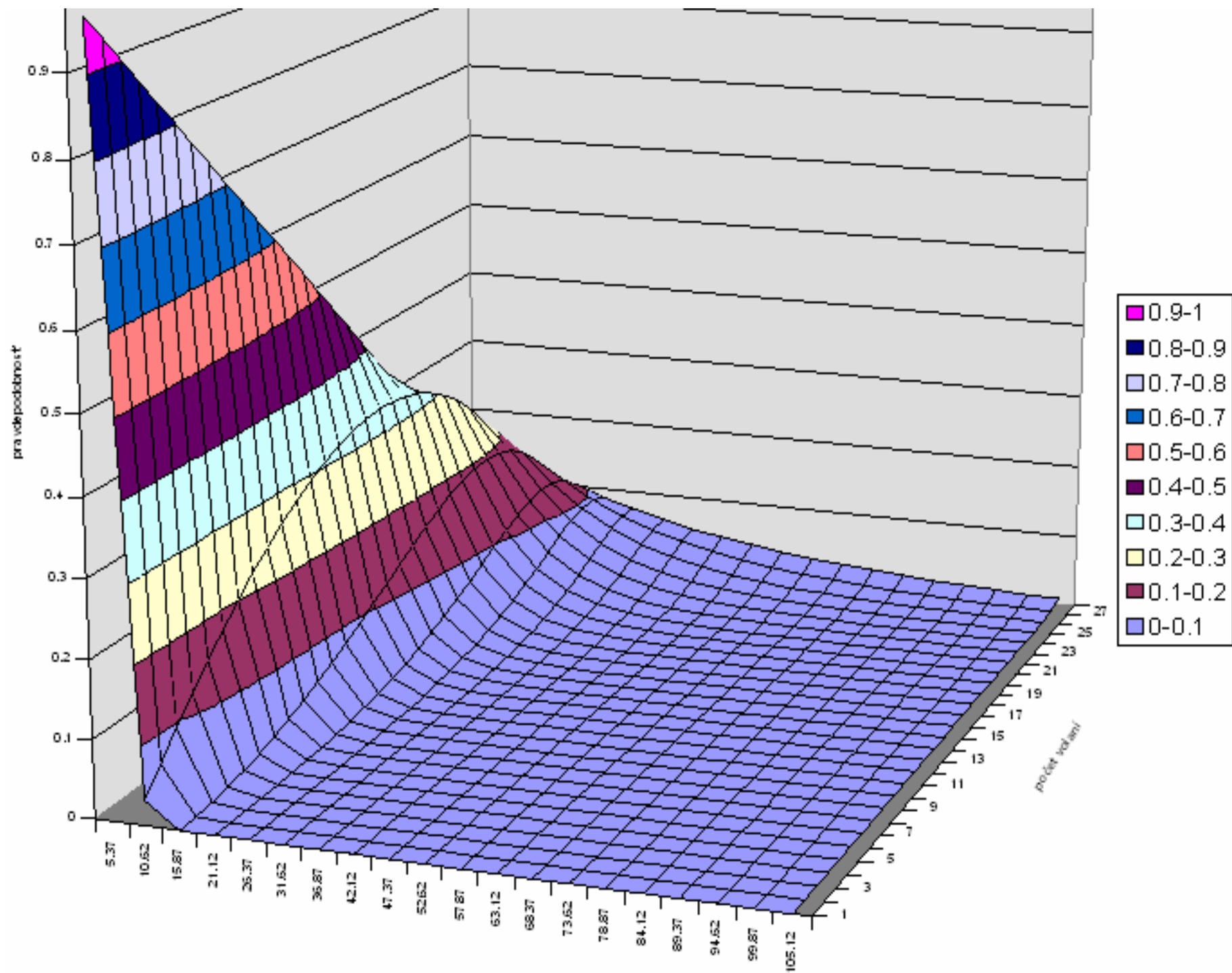
$$p_k = \left( 1 - M \cdot C_{BW} \cdot \frac{P_S + H_S + L_S \cdot T_S}{L_S \cdot P_S} \right)$$

for  $k=0$

probability of delay is:

$$p_{Tk} = p_k \cdot \frac{P_S + H_L + L_S \cdot T_S}{L_S}$$

for  $k = \langle 0, \infty \rangle$



## Propagation delay

$$T_{\text{Prop}} = \frac{L}{v} \quad [\text{ms}]$$

Where:

$T_{\text{Prop}}$  – propagation delay [ms]

$L$  – line length [km]

$v$  – light rate of spread in optical fiber =  $2.07 \cdot 10^8$  [ms<sup>-1</sup>]

## De-jitter delay

- it is necessary to eliminate variance of these variable components with the help of supplementary buffer in receiver, **de-jitter** or **playout** bufer

## Depacketization delay

- depacketization is done in opposite to the operation of packetization

## Decompression delay

- decompression delay, likewise coder delay, is dependent on the compressing algorithm selection
- at average the decompression delay is approximately 10% of the compressing codec delay for each voice block in the packet

$$T_{DCD} = 0,1.N.T_{CD} \quad [ms]$$

TDCD – decomp. delay [ms]  
N – num. of blocks in packet  
TCD – coder delay [ms]

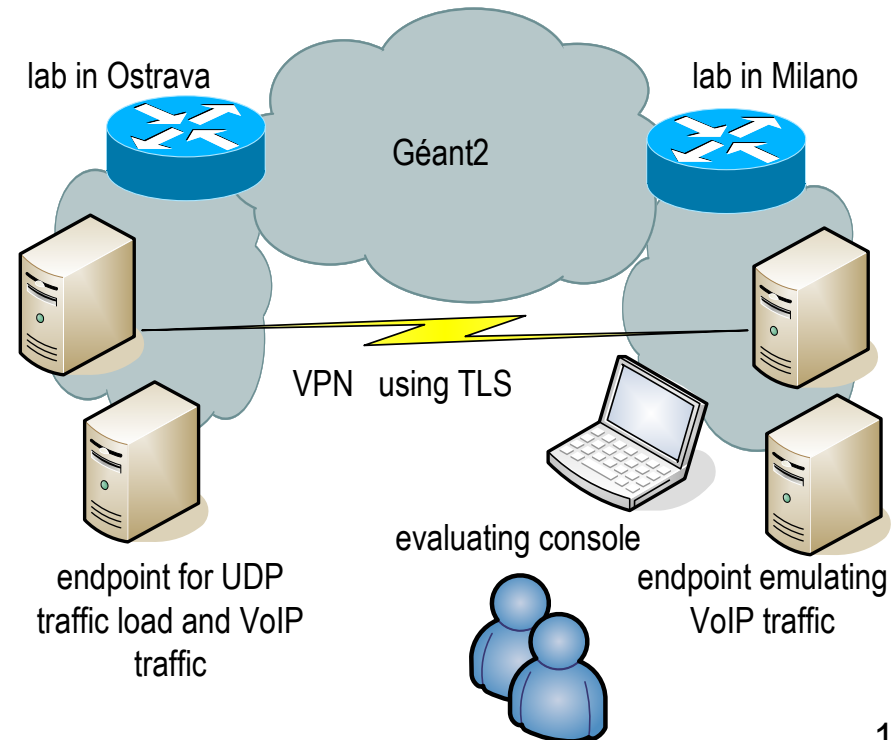
## Verification

This described model is still under verification tests. We have gained and evaluated more than 5 thousands results in experimental measures and the aberration of our model is less than **6%** under condition that traffic load is less than **80%**.

## Impact of Security on Quality

- We prepared a VoIP performance evaluation test between universities Ostrava and Milano and measured the throughput, transmission delay, packet loss, jitter under conditions of multiplexing VoIP and other data traffic.
- The whole traffic had been transmitted simultaneously with various combinations of the traffic situations and we were investigating an influence to the performance by using a background traffic and a security mechanisms.

- With regard to solved issue before we had prepared an experimental infrastructure containing endpoints simulating VoIP traffic, a console evaluating the R-factor, endpoints generating a traffic for an investigation of the traffic load's effect and servers providing VPN by using TLS



# Impact of Security on Quality

## using components:

- Cisco 1751 in Ostrava (used for traffic shaping),
- Servers with Linux Debian (TLS client and server sides, Iperf client and server sides),
- Server with Linux Debian (endpoints of pairs emulating VoIP traffic),
- Notebook with WinXP and SW IxChariot (evaluating console).

## conditions of experiment

- We prepared all required elements in Ostrava and we made decision to use only 6Mbps line so as not to cause a traffic congestion.
- Therefore we set the traffic shaping in Cisco router 1751 for the data traffic limitation.

# conditions of experiment

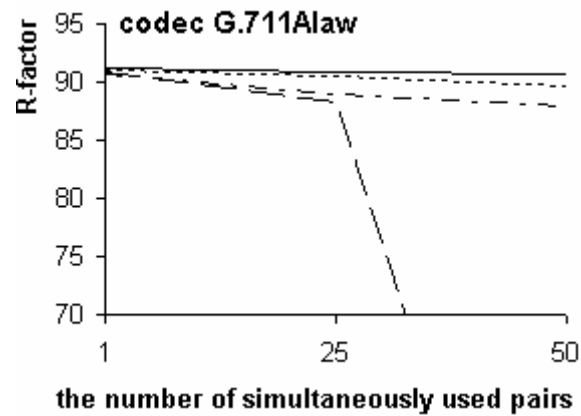
- traffic limitation (6Mbps, traffic shaping),
- used codecs G.711Alaw and G.729 (both sending 50 pps), without VAD
- dejitter buffer has been set to 60ms,
- traffic load has been set to 4Mbps,
- Security has been based on TLS (openSSL and openVPN).

< 1 ms, cesare.laser.dico.unimi.it  
2 ms,159.149.153.254  
1 ms,ssr1-ssr7.bone.dsi.unimi.it  
2 ms,159.149.251.21  
2 ms,159.149.254.25  
2 ms,ru-unimi-rt-mi3.mi3.garr.net  
2 ms,rt-mi3-rt-mi1.mi1.garr.net  
2 ms,garr.rt1.mil.it.geant2.net  
14 ms,so-6-3-  
0.rt1.vie.at.geant2.net  
21 ms,so-7-0-  
0.rt1.pra.cz.geant2.net  
22ms,cesnet-  
gw.rt1.pra.cz.geant2.net  
29 ms,r96-r50.cesnet.cz  
29 ms,iptel-21.osanet.cz

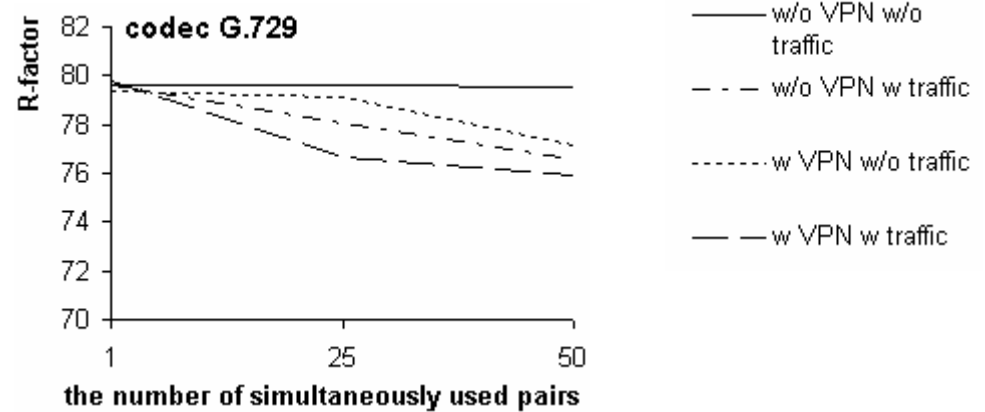


# Results

We performed more than one hundred measurements, every measurement was repeated five times due to a suppression of the fault in measurement. In pictures 3 and 4 there are displayed the map curves for used codecs G.711Alaw and G.729.



R-factor for codec G.711.



R-factor for codec G.729.

## Results

R-factor is arithmetic mean of all results obtained in one set of measurement.

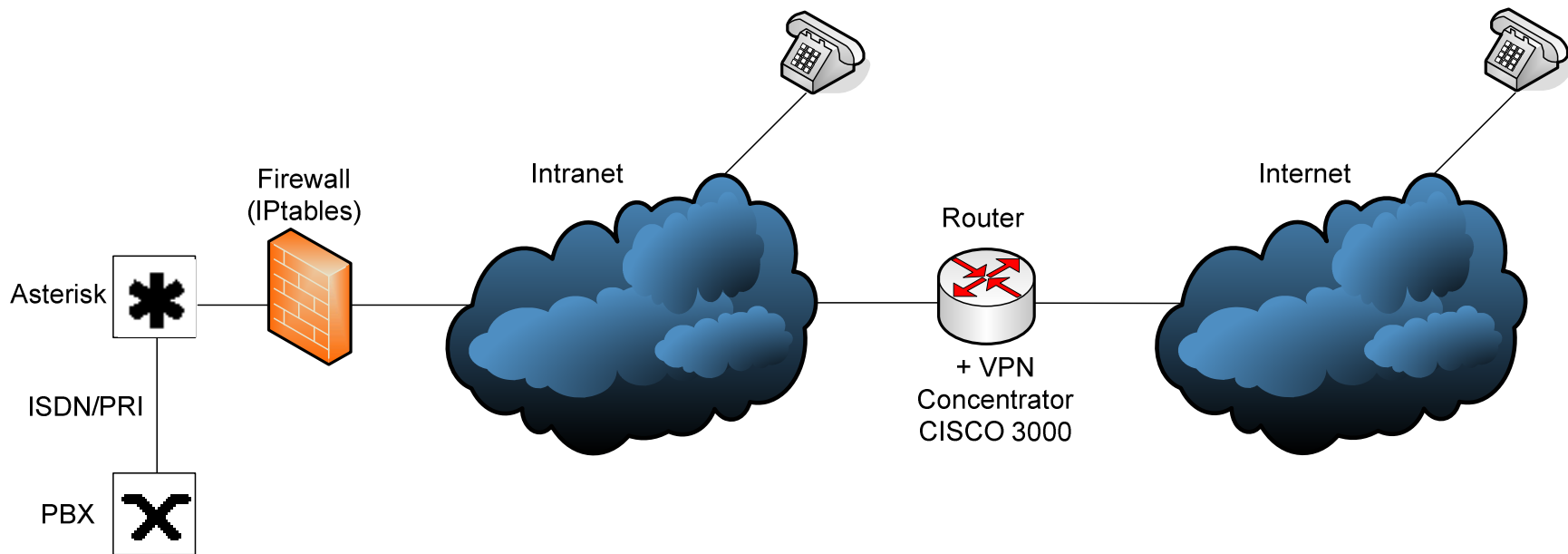
the absolute aberrance of measurement [%]		
	G.711Alaw	G.729
w/o VPN, w/o traffic	0,09	0,05
w/o VPN, w traffic	1,34	1,47
w VPN, w/o traffic	0,19	0,88
w WPN, w traffic	3,2	1,9
<b>total 1,14%</b>		

Table of the aberrances.

The total value of the absolute aberrance of measurement is 1,14 %.

If we compare the evaluated values so we can claim that used security mechanism TLS **is affecting** R-factor although this influence is not so significant how we expected. This influence is ranging from 1% to 5%.

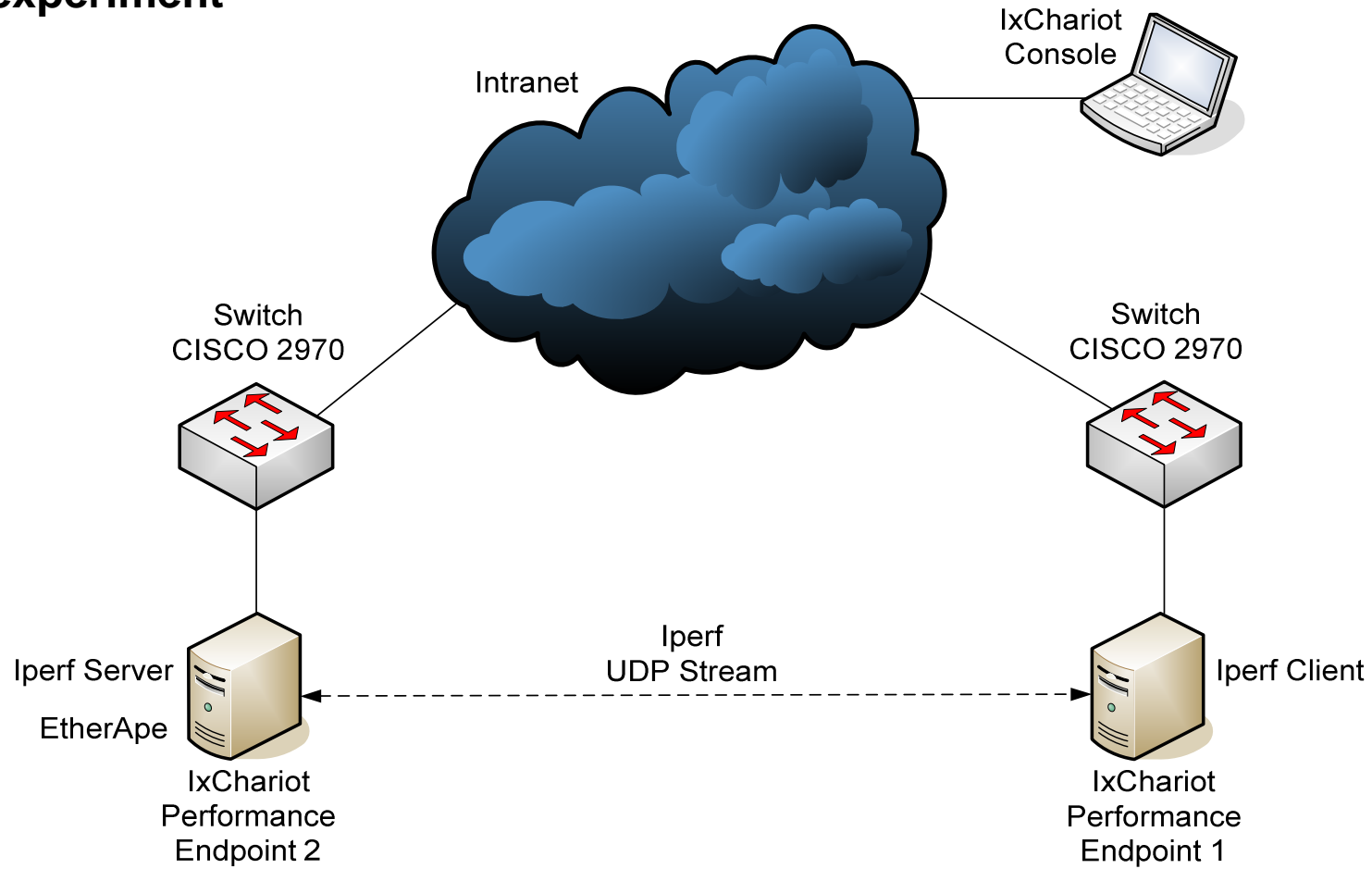
# Impact of Security on Quality



- delay
- jitter
- packet loss

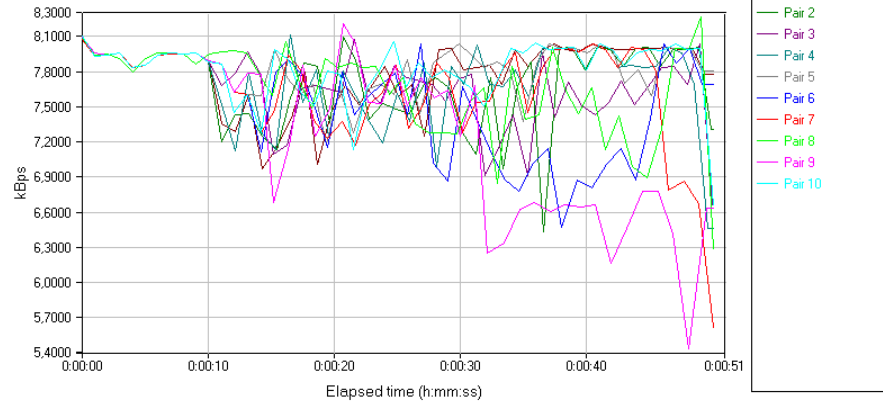
# Impact of Security on Quality

experiment

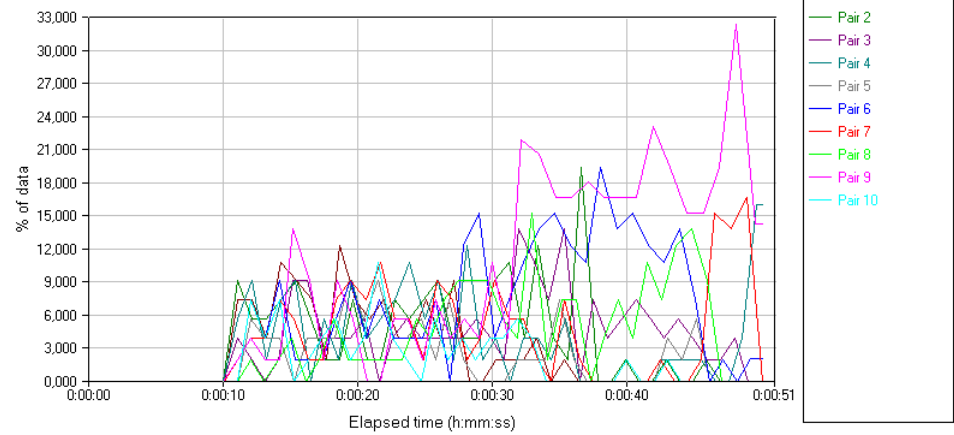


# examples of results

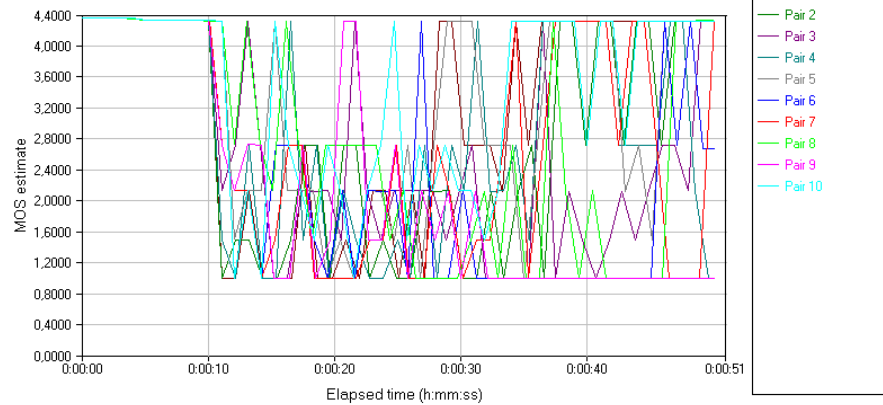
Throughput



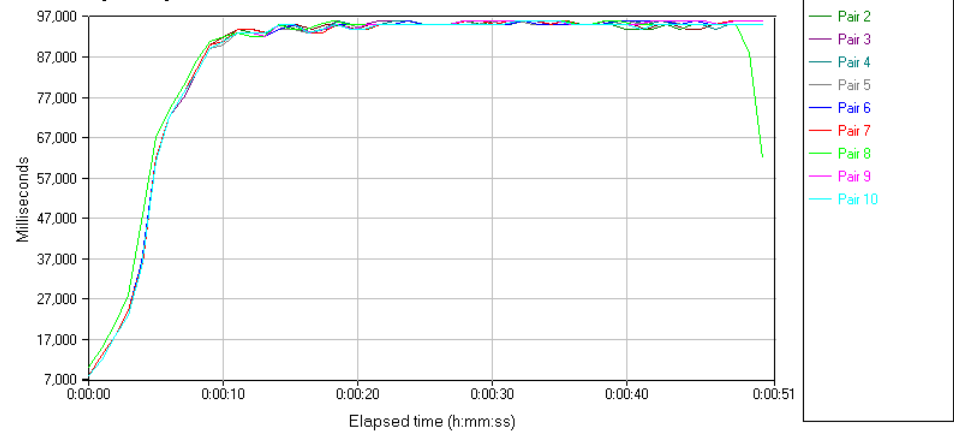
Lost data



MOS Estimate



One-Way Delay



# Impact of IPtables

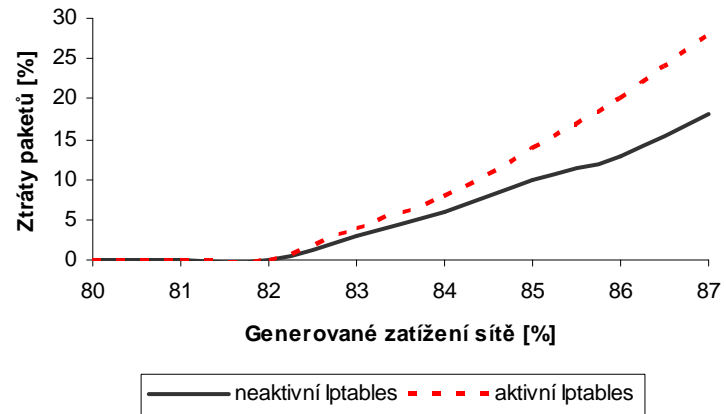
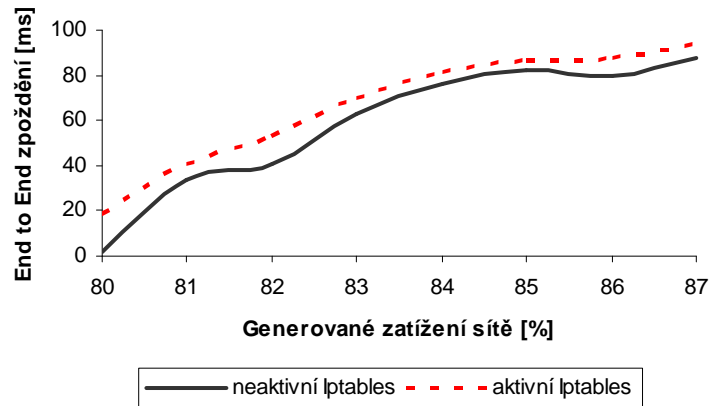
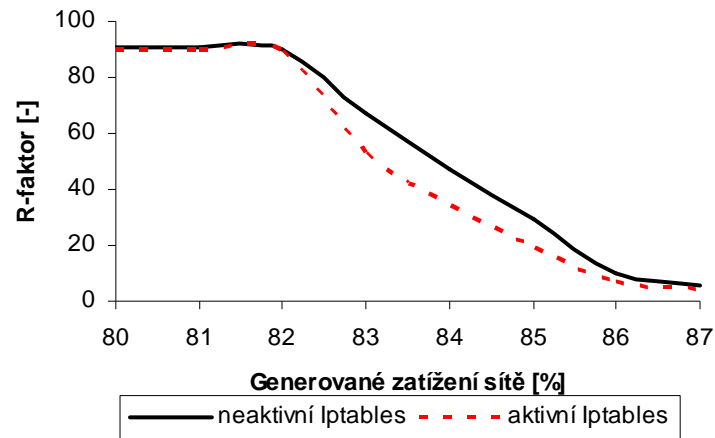
- without IPtables

Zatížení sítě	Rfaktor	End-End Delay	Ztráty
[%]	[-]	[ms]	[%]
0	91	2	0
10	91	2	0
20	91	2	0
30	91	2	0
40	91	2	0
50	91	2	0
60	91	2	0
70	91	2	0
80	91	2	0
81	91	34	0
82	90	41	0
83	67	63	3
84	47	76	6
85	29	82	10
86	10	80	13
87	6	88	18

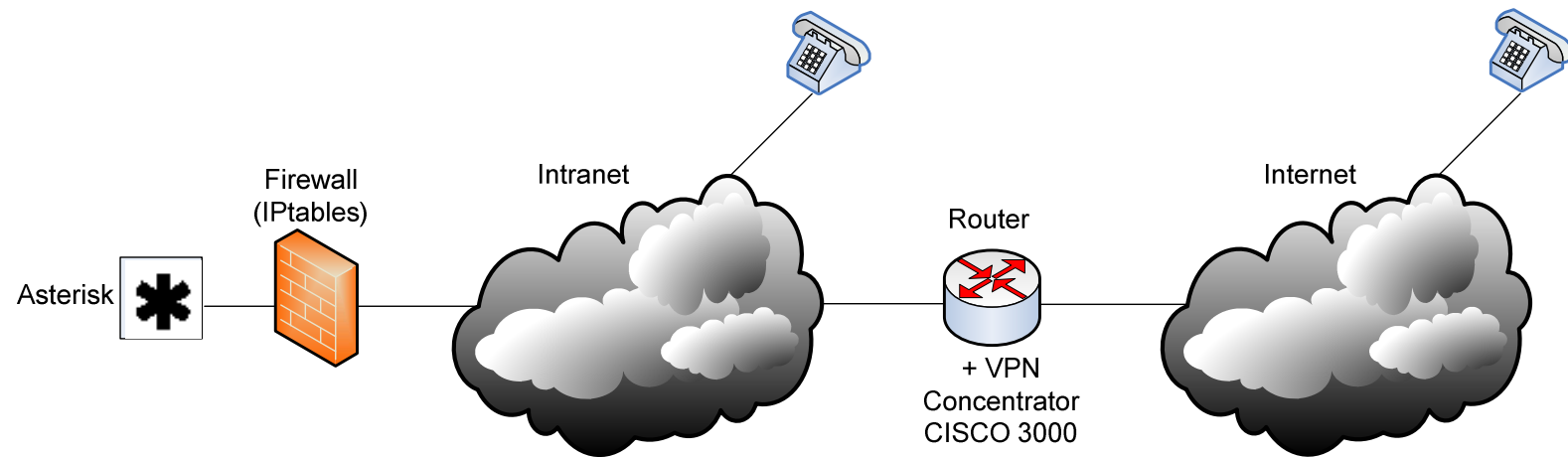
- with active IPtables

Zatížení sítě	Rfaktor	End-End Delay	Ztráty
[%]	[-]	[ms]	[%]
0	91	2	0
10	91	2	0
20	91	2	0
30	91	2	0
40	91	2	0
50	91	2	0
60	91	2	0
70	91	2	0
80	90	19	0
81	90	41	0
82	89	53	0
83	53	70	4
84	34	81	8
85	19	87	14
86	7	88	20
87	4	94	28

# Impact of IPtables

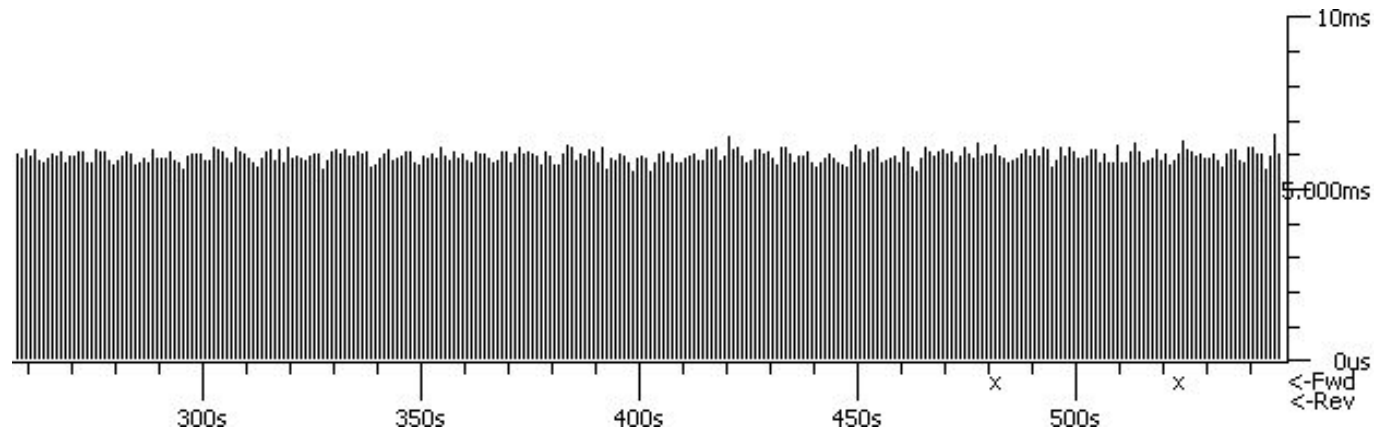


# Impact of VPN

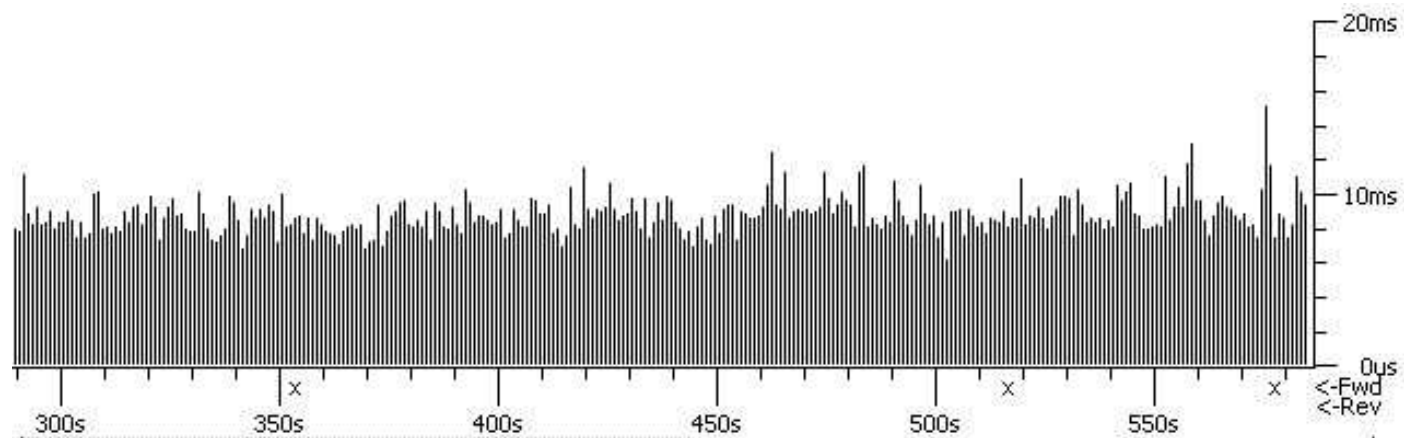


# Jitter

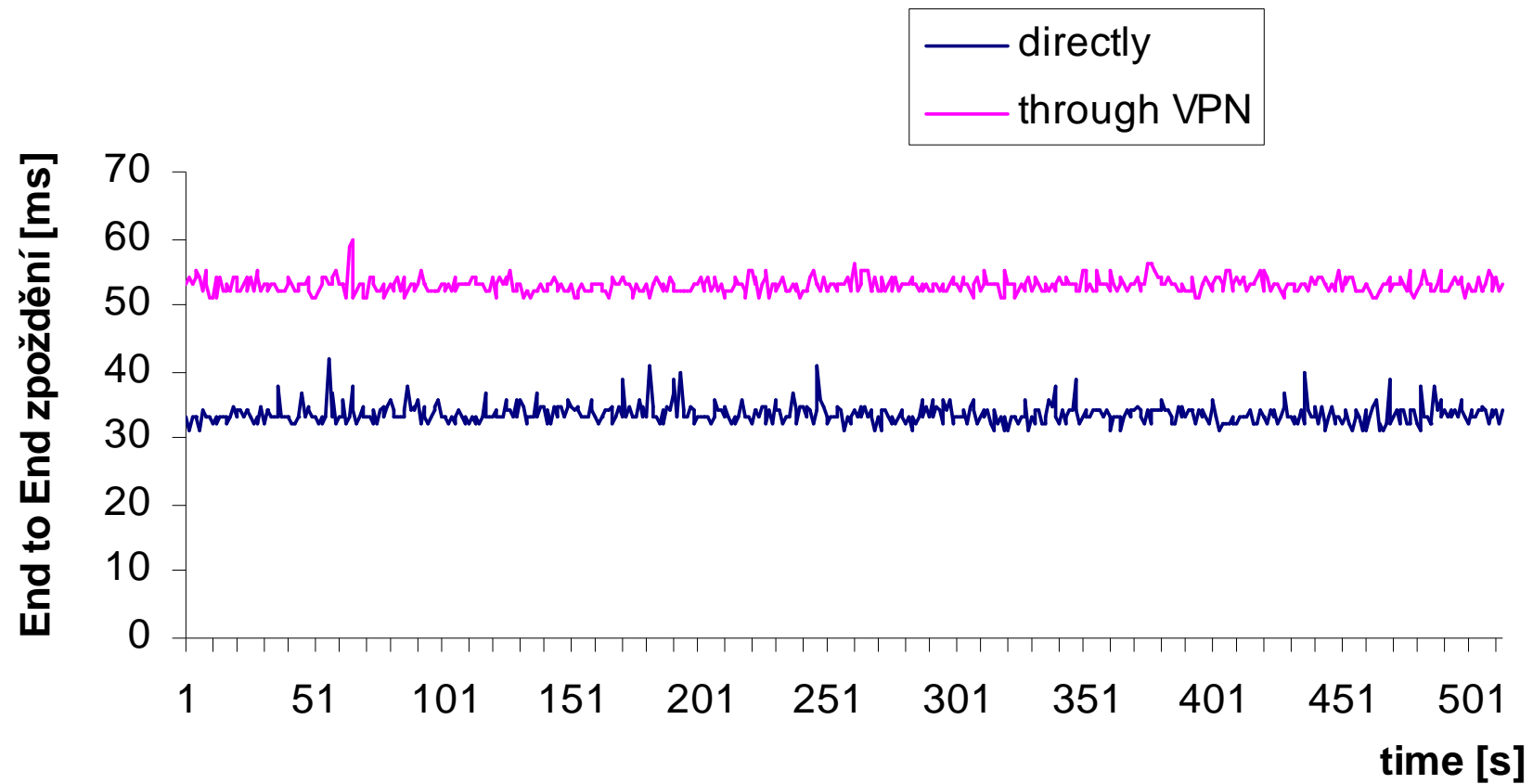
- without VPN



- with VPN



# End to End delay



**Thank you for your attention**

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